

Chicken Doritos Casserole

Ingredients:

2 large skinless boneless chicken breasts- cooked
(approx. 12 oz)

1 can 98% Fat free cream of mushroom soup

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1 1/2 cups skim milk

12 oz baked Doritos- nacho cheese flavor

1 cup fat free or 2% milk grated cheddar cheese

nonstick cooking spray

*fresh mushrooms can be added

Directions:

Spray a large metal cake pan with the nonstick cooking spray. Put the Doritos in the bottom of the pan, do not crush. Cut up the chicken in bite size pieces and spread out over the Doritos Mix together the soups and milk and pour over the Doritos and chicken. Bake for 30 minutes at 350 degrees. Take out and cover with the grated cheese, cook until the cheese melts.

Makes 8 servings @ 6 points, 8 points plus

