Chocolate Banana Parfait

Ingredients:

2 cups cold fat free milk

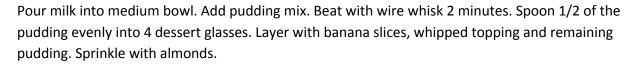
1 pkg. (4 serving size) chocolate fat-free, sugar-free instant pudding

2 medium bananas

1/2 cup thawed Cool Whip lite whipped topping

1 tbsp. chopped walnuts





Makes 4 servings @ 3 Points, 2 points plus

