

COBB SALAD SANDWICH

4 servings (serving size= 1 sandwich) 5 Points

1c torn romain lettuce

4 sandwich thins(Arnold) toasted

8 oz thinly sliced lemon pepper deli chicken breast

1/2 avocado thinly sliced

1/4c thinly sliced red onion

1/4c refrigerated light chunky blue cheese dressing

1tbp ready to serve real bacon bits

Place 1/4c lettuce on each bottom half of bun. Top lettuce with chicken, avocado & onion. Combine blue cheese & bacon bits in small bowl. Spoon dressing mixture evenly over onion. Cover with top of sandwich thin.