Creamy Potatoes

Ingredients:

1 bag 30 oz. frozen Ore Ida Shredded Hash Brown

1 can Campbell's Healthy Request Cream of Mushroom Soup

1 cup fat free sour cream

1 cup fat free Cheddar Cheese

1/2 onion, chopped

1 tsp. salt

1/2 tsp. pepper



Mix all ingredients together. Spray with cooking spray, a 9 x 11 casserole dish. Pour mixture into pan and cook at 350 degrees until crispy brown and bubbly.

8 servings @ 3 Points, 4 points plus

Calories 145: Fat 1g: Carbs 25: Fiber 2g: Protein 8.75g