

Deep Dish Chili Pie (Pizza)

Ingredients:

1 lb extra lean ground beef

1 (15oz) can seasoned diced tomato sauce for chili (such as Hunts)

1 can refrigerated pizza crust dough

cooking spray

1 cup shredded reduced fat sharp cheddar cheese, divided

1/4 cup grated Parmesan cheese

Preheat oven to 425. Cook beef in a nonstick skillet over medium high heat until browned, stirring to crumble, drain well. Return meat to pan and add tomato sauce, cook 1-2 minutes or until heated. While beef cooks, unroll pizza crust dough and press into bottom and halfway up sides of a 13x9" baking dish coated with cooking spray. Sprinkle 1/2 cup cheddar cheese over pasta crust; top with ground beef mixture. Bake, uncovered, at 425 for 12 minutes. Top with remaining 1/2 cup cheddar cheese and bake 5 minutes or until crust is browned and cheese melts. Let stand 5 minutes before serving. Add any veggies you like.

8 servings (1/8 casserole) @ 6 points, 8 points plus

