

Diet Pepsi Pot Roast

Ingredients:

3 lb. pot roast

1 can (10 3/4 oz.) 99% fat free cream of mushroom soup

1 envelope dry onion soup mix

16 oz bottle diet Pepsi (12 oz can if you want a thicker gravy)

1 can mushrooms (optional)

Directions: Place meat in slow cooker. In large bowl mix together mushroom soup, dry onion soup mix, and cola. Pour over roast in cooker. Cover. Cook on high 6 hours.

12-servings @ 5-Points, 6 points plus

