

Fish Stick Soft Tacos

Ingredients:

8 medium frozen breaded fish sticks

4 large burrito size flour tortillas (2 points each)

1/4 cup light sour cream (fat free if Core)

1/2 cup salsa 2 cups lettuce, shredded

1 large tomato, chopped

2 oz lowfat cheddar or colby cheese, shredded (fat free if Core)



Directions:

Cook fish sticks according to package directions. Wrap tortillas in aluminum foil and warm in a 350 degree oven for about 10 minutes. Top each tortilla with 2 fish sticks, 1 Tbsp. of sour cream, 2 Tbsp. of salsa, 1/2 cup lettuce, 1/4 of the tomato and 2 Tbsp. of cheese. Roll up tortillas and serve!

Makes 4 tacos @ 4 points, 5 points