

Homemade Potato Salad

combine:

1/4 c. splenda

1 T flour

combine the following, then mix with the above:

2 eggs

1 tsp dry mustard

1/2 c skim milk

1/4 c vinegar or apple cider vinegar

1/2 tsp salt

6 potatoes, boiled and chopped in cubes

cook all ingredients except potatoes over med. heat until thickened, stirring constantly OR microwave, stir every minute. Add diced potatoes and other veggies if desired.

I added dill pickle juice or relish after it's cooked because it's pretty thick. Suggestions to add are: celery, red or green pepper, parsley fresh or dry, frozen peas any veggie you like. If you add two boiled eggs it would be 3.5 pts instead of 3 pts. This is great hot or cold.

Makes 8 servings @ 3 Points, 5 pointsplus