

## KFC Coleslaw Clone

8 cups cabbage, grated  
1/4 cup carrot, grated  
2 tablespoons onion, minced  
1/3 cup Splenda  
1/2 tsp salt  
1/8 tsp pepper  
1/4 cup skim milk  
1/2 cup fat free mayo  
1/4 cup buttermilk  
1 1/2 tbsp white vinegar  
2 1/2 tbsp lemon juice

Be sure cabbage and carrots are chopped up into very fine pieces (about the size of rice). This is easier if you use a food processor. Combine the Splenda, salt, pepper, milk, mayo, buttermilk, vinegar, and lemon juice in a large bowl and beat until smooth. Add the cabbage, carrots and onion. Mix well. Cover and refrigerate for at least 2 hours before serving.

Makes 6 servings of 1-cup @ 1-Point per cup or Core