

Orange Kissed Brussel Sprouts

1 pound Brussels sprouts, trimmed and halved
1 tsp grated orange rind
1/4 cup fresh orange juice
1/4 tsp salt
1/8 tsp pepper

Steam the Brussels sprouts covered, 15 minutes or until tender. Drain and return to pan. Add orange rind, orange juice, salt and pepper; cook over medium heat 1 minute, stirring constantly.

4 servings (3/4 cup) @ 0 points or all core, 0 PP