

Santa Fe Salad with Chili-Lime Dressing

Ingredients:

6 tbsp Reduced-calorie mayonnaise

3 tbsp Cilantro, fresh, finely chopped

3 tbsp Water

1 Medium scallion, minced

1 1/2 tbsp Fresh lime juice

2 tsp Sugar

1/2 tsp Chili powder

15 oz Canned black beans, rinsed and drained

1 1/2 cup Cooked corn kernels, fresh or frozen

2 cup Grape tomatoes

1 Medium sweet red pepper, cut into thin strips (about 1 1/2 cups)

8 cup Romaine lettuce, cut into thick shreds (about 2 hearts)

Mix all ingredients, then add the romaine to dress.

8 servings (1-1/2 cups) 2 points, 3 points plus

