

Spicy EZ Mac 'n Cheesy

Ingredients:

4 1/2 oz. (about 2 cups) dry uncooked Smart Taste Macaroni

24 oz. (about 6 cups) frozen Green Giant Cauliflower & Cheese (or Three Cheese) Sauce

3 wedges The Laughing Cow Light Queso Fresco & Chipotle cheese

2 tbsp. finely chopped cilantro

1/2 tsp. chili powder

1/8 tsp. cayenne pepper

Salt and black pepper, to taste

Directions:

In a large pot, prepare pasta al dente (firm) according to the instructions on the package; drain well and set aside. While pasta is cooking, place contents of the cauliflower & sauce package(s) in a large microwave-safe bowl. Cover and microwave for 10 - 12 minutes, until sauce has melted and cauliflower is hot. Once the bowl is cool enough to handle, remove it from the microwave and add cooked pasta. Unwrap cheese wedges and add those as well. Mix thoroughly, ensuring that the Laughing Cow cheese is evenly distributed and the pasta and cauliflower are coated in cheese sauce. Add cilantro, chili powder, and cayenne pepper, and mix thoroughly. Season to taste with salt and pepper. Enjoy!

1/4th of recipe, 1 heaping cup): 216 calories, 5.75g fat, 798mg sodium, 33.5g carbs, 5g fiber, 4.5g sugars, 8.5g protein – 4 points, 5 Points Plus

