

Tex-Mex Tuna Wraps

Ingredients:

1 (6 oz) can solid white tuna, packed in water, drained and flaked

1/2 cup finely bell pepper (any color)

2 scallions, sliced

1/4 cup salsa (any kind)

2 tbsp. chopped fresh cilantro

4 tsp. fat-free mayonnaise

2 mission carb. Balance tortilla

1/2 cup baby spinach leaves or romaine lettuce

Directions: Combine tuna, pepper, scallions, salsa and cilantro in a bowl. Spread 2 tsp. of the mayonnaise over each tortilla. Top with tuna mixture, then spinach/lettuce leaves. Roll up, cut in half and serve immediately.

Makes 2 servings of 1 wrap @ 4-Points, 5 points plus

