

## Wafflewiches

4 fat-free frozen waffles

1 cup low-fat ice cream or frozen yogurt, softened (2-Points worth)

2 tbsp. fat-free chocolate syrup

Spread  $\frac{1}{2}$  cup of ice cream over top of each of two toasted waffles. Top with other two waffles. Cut each wafflewich into 4 wedges. Top with chocolate syrup.

Makes 4 servings of 2 wedges per serving @ 3-Points.